

Two-Ply Times

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The importance of carbon monoxide prevention

By Adam Flowers

Nebraska has the highest rate of carbon monoxide poisoning out of any state in the US. Carbon monoxide, or CO, is a deadly, colorless, odorless and poisonous gas. CO can come from numerous of household appliances, such as central heating systems, water heaters and open fires that use gas, oil, coal, or wood.

Some symptoms of CO poisoning can be headaches, weakness, dizziness, confusion and loss of consciousness. Extreme exposure to CO can also lead to numerous long-term issues, such as heart damage.

According to omaha.com, as many as 500 people die nationally from accidental CO poisoning, and more than 20,000 people end up in emergency rooms on account of it. So how can we avoid and prevent carbon monoxide poisoning?

Keep your appliances in good order and make sure you use them safely. Another way is for all rooms in the household to be well ventilated and to not use gas ranges or ovens.

Spotlight On: Alexis Marino



Grade: 10th

BluePrints: "What's your favorite subject?"

Alexis: "Art, because I like drawing and it helps me relieve stress."

BP: "What's your favorite social media?"

A: "Snapchat."

BP: "Do you have any hidden talents?"

A: "I can talk really fast when I need to."

BP: "Would you rather eat a bowl full of spiders or worms?"

A: "Worms."

Upcoming Events:

- Sept. 5: Spanish Club Meeting
 - Sept. 5, 7, 10: One Act Auditions
 - Sept. 8: ACT Testing Date
 - Sept. 11: DECA Meeting
 - Sept. 18: Student Council Meeting
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This Edition's Joke:

Did you hear about the restaurant on the moon? Great food, no atmosphere.

Submit your jokes via our social media and you'll get a shoutout in the next edition!

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